



District Medical Group Behavioral Health Department
Consent to Treatment

Welcome to DMG Behavioral Health Services. We provide a variety of behavioral health services to support you, your child, and your family. Our staff consists of Psychiatrists, Psychologists, Licensed Clinical Social Workers and Licensed Counselors. We provide assessment, individual and family therapy, and medication treatment to help with a variety of problems such as:

- Anxiety/fears related to medical conditions & treatment
Depression
Coping with chronic medical illness
Behavioral or anger problems
Self-esteem and identity issues
Psychosocial issues
Screening for learning disabilities & cognitive functions

The Behavioral Health Department cannot share information about you or your child with anyone outside of District Medical Group unless we have your written permission. Behavioral health records are locked in the Electronic Medical Record (EMR) and can only be accessed by staff associated with you or your child's medical care. When a language interpreter is required he or she will also follow these confidentiality guidelines.

There are some things we cannot keep private, such as reports of abuse or suspicion of abuse, neglect, danger to self or others, or information requested by a court of law (e.g. a valid subpoena or law suit). If we suspect that you or your child is being abused, neglected or otherwise in danger, we must report it to the authorities. If we are told that a person is going to do serious harm to themselves or to others, we must also report that to the authorities.

At times, when working with an adolescent it is in the best interest to keep some information private between the therapist and the adolescent. However, we will tell the parent/guardian and/or the authorities about things such as self-harm, suicidal behavior, harm to others, abuse or neglect.

Minors: Decisions about psychiatric, other behavioral health, and medical care must be made by a child's legal guardian(s), who must be physically present to provide consent, have an opportunity to be fully informed of the evaluation process, be provided with an opportunity to ask questions and in order for identity to be verified. In the situation of a parental separation or divorce (except in the case of one parent having sole physical and legal custody), both parents must consent, in writing, to the psychiatric evaluation. Both parents are invited and encouraged (as they are able) to participate in the process of evaluation and treatment. If one parent retains sole physical and legal custody, this parent must provide legal documentation of this in order for the psychiatric evaluation to occur as scheduled. Both parents, regardless of custody, have a legal right to medical records.

The Behavioral Health Department is open during these business hours: 7:00 am – 6:00 pm Monday – Thursday and 7:00am to 5:15pm on Friday. If you need assistance after hours, you may contact:

- Children's Rehabilitative Behavioral Health phone line at..... (602)512-3055
The Desert Horizon Adult phone line at..... (602)336-4441
Child phone line at ..... (602)336-4332
24 Hour Maricopa Crisis Line..... (602)222-9444 or (800)631-1314
In case of an emergency, you will need to call 911, or go to an emergency department

I am aware that I am entitled to:

- 1. Modify my consent to treatment at any time.
2. A fair explanation of the treatment I am to receive and the purposes of that treatment.
3. An answer to my inquiries concerning treatment.
4. Revoke my consent to treatment at any time.

I have had an opportunity to read, discuss and ask questions about this information.

\_\_\_\_\_  
Patient/Parent/Guardian Signature                      Signature Date                      Printed Name

\_\_\_\_\_  
Signature of Representative                      Date